

Everest Base Camp & High Pass



Information Pack

Adventure Facts:



Season: _____ April-May & October-December

See www.dcxp.com/calendar.html for dates and prices

Start & Finish at: ____ Kathmandu, Nepal

Duration: _____ 21 days

Hotels: _____ 4 nights single (share available)

Lodges: _____ 16 nights single (share available)

Meals provided: ____ 20 Breakfasts, 19 Lunches, 16 Dinners

Group Size: _____ 12 Maximum (flexible for private groups)

Activity split (days): _ 6 travel, 13 trekking & 2 rest



Highlights

- Explore the ancient and fascinating city of Kathmandu
- Our Himalayan expertise ensures you enjoy a high quality expedition
- Take a flight to Lukla and view numerous Himalayan Giants on the way
- Trek through the Khumbu and Gokyo Valleys with experienced Sherpa guides
- Feel secure with DCXP's comprehensive safety systems in place
- Climb Kala Pattar 5555m, viewpoint for Everest Base Camp and Gokyo Ri 5550m view point for Cho Oyu.
- Learn about Nepalese culture from the friendly and famous Sherpa people.

Attractions

The sheer size and beauty of the Himalayas will be etched in your mind forever once you take this journey through rugged and remote valleys, over a high pass and as you stand on top of two peaks which offer panoramic views of the surrounding giants.

Our scenic flight skirts along the Himalayan range to the small Lukla airstrip – built by Sir Edmund Hillary's Himalayan Trust in 1964. Then we trek from Nepal's middle hills along the Dudh Kosi (Milk River) and into Sagarmatha National Park and the Himal (land of snows), where glaciers feed powerful waterfalls and the valley walls are capped with spectacular snowy peaks.

Our short-cut over the Cho La offers a real mountain experience before we head to Gorak Shep, and the nearby Kala Pattar and Everest Base Camp.

The physical challenge of walking at altitude is rewarded by unequalled views from the 5555m peak of this 'black rock', Kala Pattar. The view over Everest Base Camp is fascinating as you look out to the giants of the Himalaya range which surrounds you.



Call us to book: +61 401 312 240

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delivering success

The Journey

Exploring Kathmandu

On arrival in Kathmandu, the capital of Nepal, you will be met at the airport and transferred to your hotel by our staff. We will have our mid-afternoon trip briefing at the hotel: a chance to meet your trekking partners, and staff. They will explain where things are in Kathmandu, what will happen in the next couple of days in preparation for the trip, and check through your gear to ensure the smooth running of the trek. We'll take the opportunity for a guided sightseeing and cultural tour around the major sights and out of the way places around Kathmandu, as well as allowing time to explore on your own.

Trekking in the Khumbu Valley

Our scenic mountain flight from Kathmandu gives you an introduction to the great Himalaya. The snowy peaks of Ama Dablam 'the Matterhorn of the Himalayas', Cho Oyu and Everest will all seem close enough to touch.

We will take several days to make our way up the lower valley, leaving plenty of time for our bodies to acclimatise and to enjoy the fantastic experience of the Nepalese countryside where the local Rai and Tamang people farm wheat, corn, fruit and other vegetables on terraces flanking the Dudh Kosi.

Namche Bazaar marks the beginning of the Khumbu region. The local Sherpa people have built lodges and teahouses to supplement their income from farming and yak herding, and more and more they are planting trees, maintaining and building tracks and generally keeping things tidy in order to maintain the area's appeal to visitors. We will take advantage of this wonderful infrastructure on our tea-house trek. At Namche we allow ourselves time to acclimatise before continuing up valley, stopping at small settlements as we make our way up the Gokyo Valley.

We will trek up the stunningly steep-walled Gokyo valley over a few days, along the raging torrent that becomes a babbling brook between the stunning Gokyo lakes. We will take the opportunity of an acclimatisation climb to Gokyo Ri which offers views of the whole valley, right up to Mount Cho Oyu. We sometimes see a family of kongma (Himalayan partridges) or one of picas (a bit like short eared rabbits) on our descent after sunrise.



Crossing into the Khumbu Valley

The Cho La, approached from Dragnag below Gokyo, is a chance to walk on a glacier with relative safety. Although the approaches either side are quite steep, the glacier itself is quite flat and almost crevasse-free. It can usually be safely crossed without crampons and gives us access to the upper reaches of the Khumbu Valley. In case of unseasonable snow or poor weather it is a simple matter to walk down and around the intervening range via a well made, lower track to Pangboche and Lobuje.

Kala Pattar and Everest Base Camp

From Lobuje we trek up the valley alongside the Khumbu glacier and on its moraine walls and spend the night at Gorak Shep, a harsh place where we hope to stay only one night. For the fit our 500m climb to Kala Pattar is quick and straight-forward because of our steady acclimatisation program. As we ascend, Everest and the South Col come into view from behind Nuptse. From the summit you can also see right down onto Everest Base Camp at the south-western foot of Mount Everest, just below the infamous Khumbu Icefall. Depending on the time of year, Base Camp might be teeming with hundreds of people or completely deserted! We then descend back down-valley later in the day to warmer, more friendly Lobuje.



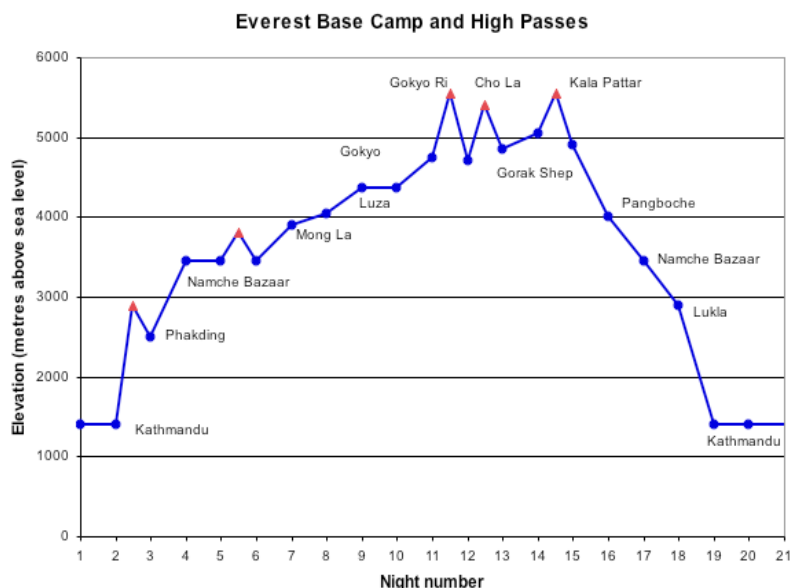
The journey...continued

Descending the Khumbu

Having explored the main valleys of Sargamatha National Park, crossed passes and glaciers and taken in the summits of two great view points, we head back down the valley through Namche and Ghat to Lukla at a great rate – fit and strong and ready to take on the world!

Return to Kathmandu

There will be time in Kathmandu to see a few more sights and buy gifts before heading home with thrilling tales of peaks and glaciers, sherpas, gompas, yaks and the grandeur of the Himalayas.



Detailed Itinerary

Day #	Activity	Stay at	Altitude (m)	Accommodation
1	Arrive, trip briefing	Kathmandu	1400	Hotel
2	Kathmandu day tour	Kathmandu	1400	Hotel
3	Fly Lukla begin trek	Phakding	2500	Teahouse
4	Trek to	Namche	3450	Teahouse
5	Rest day	Namche	3450	Teahouse
6	Khumjung/Thame (3800m)	Namche	3450	Teahouse
7	Trek to	Mong La	3900	Teahouse
8	Trek to	Dole	4040	Teahouse
9	Trek to	Luza	4370	Teahouse
10	Rest day	Luza	4370	Teahouse
11	Trek to	Gokyo	4750	Teahouse
12	Climb Gokyo Ri (5550m) & trek down*	Dragnag	4700	Teahouse
13	Cross Cho La*	Dzonga La/Lobuje	4850	Teahouse
14	Trek to	Gorak Shep	5050	Teahouse
15	Climb to Kala Pattar, Everest BC	Lobuje	4900	Teahouse
16	Trek to	Pangboche	4000	Teahouse
17	Trek to	Namche	3450	Teahouse
18	Trek to	Lukla	2900	Teahouse
19	Fly to	Kathmandu	1400	Hotel
20	Kathmandu free day	Kathmandu	1400	Hotel
21		Depart Kathmandu		

* In poor conditions it may be necessary to trek to Portse or Pangboche on day 13, and to Lobuje on day 14

Why go with DCXP

This Everest Base Camp Trek utilises DCXP' high pass route to explore two of the main valleys of the Everest region.

DCXP' expeditions are always led by talented and experienced leaders. On this Everest Base Camp Trek your trek leader will be a qualified Nepalese trek guide. They are there to ensure your trek is a wonderful, fun and safe experience.

Your accomplished and friendly trek guide will help you to enjoy and appreciate the cultural, and natural attractions of the region. The package uses a steady acclimatisation program and allows time for bad weather along the way, giving participants the maximum chance of success.

Your safety is our priority, our leaders are experienced in wilderness first aid.

Our expeditions are well planned, well led, and well resourced with good quality food, transport, equipment, first aid and communications. The vast majority of our clients are advocates for DCXP and many return for more adventures and send their friends along to experience our high quality service.



About DCXP

DCXP was started by Duncan Chessell and has been operating trips around the world for many years. The experience gained in expedition logistics and health, has been utilised in developing teams of talented staff that are the basis of DCXP consistently high quality expeditions. DCXP is now managed by Katie Sarah, who has been involved with this business since 2006, and has now gained her own experience both in the field - from the remote wilderness of Antarctica to the summit of Everest - and in operating expeditions.

Our adventures are to mountainous destinations worldwide including to the seven summits (Mt Kilimanjaro in Tanzania, Mt El'brus in Russia and the extreme summit of Mt Everest to name a few). We arrange custom expeditions worldwide for groups who are looking for an experience that is both an adventure in remote and exciting destinations, but also has the infrastructure and support to help you achieve your goals.

Is it right for me?

A spirit of adventure and a willingness to stretch your horizons are what you'll need. You will need to be able to walk for 4-8 hours a day with a daypack. The trekking days are not especially long, as your body needs time to acclimatise and after all, you are on holiday.

DCXP' Everest Base Camp trek is an appropriate goal for bushwalkers and hikers or day-walkers looking for an extra challenge. This is a chance to get amongst the Himalayas in relative comfort. This expedition introduces you to high altitude trekking, and teaches you how to safely trek in the Himalayas (and elsewhere).

As refrigeration is not as simple in the mountains as it is at home we eat vegetarian and some meat-based meals. We are generally early abed but some nights you might want to hang around and chat with your fellow trekkers, the local staff or local people or play a game of cards. Rest days normally involve a part-day hike to a place of interest or viewpoint as well as some relaxation time.



What's included

Your expedition cost includes:

- All airport transfers in Nepal
- Sightseeing tour in Kathmandu
- Hotel accommodation in Kathmandu, including breakfast
- Flights between Kathmandu and Lukla (with up to 20kg baggage in total)
- Trekking permits and National Park entry fees
- Trekking guide and porter(s)
- All meals and (usually shared) lodge accommodation on trek
- Local staff insurance
- The crew will carry a comprehensive medical kit appropriate to the group's size and experience. Safety of the group is our first priority.

Accommodation and food

In Kathmandu: We will be staying at the Shanker Hotel (4 star). This charming historic palace has a peaceful garden with a pool and is just on the edge of the main tourist area, Thamel. It is safe and clean and well staffed, and is a safe place to leave your clean town clothes and other gear when you are in the hills.

There are many restaurants in Kathmandu catering to western tastes as well as plenty of local Dhal Bhat (rice and lentils) shops at very reasonable prices. Whilst on the trek we will stay and eat in Sherpa teahouses. Our trek guides know which are the best lodges, with the best cooks, though food is rather more basic than in Kathmandu. We provide cooked breakfasts and cooked lunches where possible.



What's not included

The following are not included in your trip cost:

- International & home country domestic airfares, transfers en route & excess baggage
- Visas USD \$40, (valid for 30 days, available on entry)
- International departure taxes (1,695NRs = USD \$25)
- Excess baggage (allowance: 20kg on Kathmandu-Lukla flight + USD \$1/kg excess)
- Tips for crew (allow \$100 AUD)
- Personal travel insurance (REQUIRED).
- Changes in itinerary or break from the group
- Personal expenses such as gifts, phone calls, laundry and drinks (including alcohol)
- Lunch and dinner in Kathmandu (it would be a pity to constrain your choices!)
- Meals and accommodation other than those specified. Note bottled water needs to be purchased along the way when trekking
- Personal clothing and equipment for the trek except that specified or rented

Personal and group gear checklist

✓ Personal Clothing etc

- Sun hat
- Sunglasses
- Warm (fleece/wool) hat or beanie
- Fleece scarf or neck gaiter AND Balaclava
- 1-2 pairs of thermal liner gloves
- Wind stopper fleece gloves
- Fleece/wool mitts with wind/waterproof shell (note: mitts not gloves)
- T-shirt/long-sleeved shirt
- 2-3 Thermal tops and/or 2 thermals + 1 light fleece vest or top
- Fleece jacket heavy weight

DCXP Heavy weight down jacket

- Rain and wind-proof jacket, preferably Gore-Tex
- Rain and wind-proof pants
- Trekking shorts &/or long pants light weight
- 2-3 Thermal long pants
- Fleece long pants, mid to heavy weight
- Several pairs socks and underwear
- Trekking boots – we suggest strong leather boots
- Warm boots for nights (e.g. sheep skin boots) *Optional but great!

Other Personal Gear

- Sun screen, zinc cream and lip balm
- Wash kit (small personal toiletries, nail clippers and pack towel)
- First aid kit and blister kit (tape or moleskin, band aids, betadine, bandages etc)
- Personal medicines including your usual medicines AND 1 course each of (usually available in Kathmandu):
 - respiratory antibiotic (e.g. Amoxicillin)
 - gastrointestinal antibiotic (e.g. Ciprofloxacin)
 - gastro treatment (e.g. Imodium)
 - mild pain killers (e.g. Aspirin/paracetamol/ibuprofen)
 - throat lozenges
 - altitude medication (e.g. Diamox)

✓ Personal Equipment

- Day pack 30L
- Water containers: minimum 2L:
e.g. Nalgene wide mouth bottles 1L &/or Camelbak bladder.
- Sleeping bag liner

DCXP Sleeping bag: 750-1000 grams of down with Dryloft outer shell, winter grade

- Water-proof bag for sleeping bag (e.g. dry bag or robust plastic bag(s))
- Head lamp, spare batteries (we suggest one with LED & halogen modes)
- Pee bottle – wide mouth Nalgene are good *Optional
- Adjustable trekking pole(s) *Optional

Group Equipment Supplied by DCXP

DCXP Group medical kit (for altitude illness, trauma, reserve antibiotics)

DCXP Tea houses provide rooms, mattresses, dining facilities and simple wash facilities. In the lower valley some have 240 v electricity (you'd need an adapter to charge any devices))

DCXP Duffle bag for transporting personal gear by porter or yak

Notes:

Your will notice ranges for a number of items (e.g. 2-3 thermal tops, 750-1000g down sleeping bag).

Warmer season trekkers (April-May) will likely need the lower number in the range, whereas colder season trekkers (December to March) will likely need the higher number in the range.

NOTE: You must have all of the above personal gear, clothing and equipment. It may be possible to buy some extra equipment (if forgotten) but don't rely on it.

R: This item is available to rent

DCXP: DCXP provides this item

Mountain Designs Equipment - VIP privileges

Members of DCXP[®] expeditions receive a Mountain Designs VIP 15-20% discount card valid from the time your deposit is received to the start of the expedition.

Mountain Designs manufactures high quality outdoor gear suitable for your expedition. You can visit one of Mountain Designs' 35 outlets in Australia and New Zealand (see www.mountaindesigns.com for locations).

Travel Insurance

We require participants to have travel insurance that covers medical expenses, evacuation and repatriation.

Please ensure that your chosen policy provides cover for the activities (trekking and mountaineering with ropes and guides) and in the localities in which you will travel (Nepal, to elevations up to 5,555 metres above sea level).

You may already have your own policy but if not we can suggest either World Nomads <http://www.worldnomads.com> or Covermore <http://covermore.com.au>.

Whichever policy you choose, please read the relevant policy details in full.

How do I book?

Step 1 Forward to us the booking form contained in this document.

Step 2 Pay your deposit by telegraphic transfer. Please use the bank details below, make sure you tag your payment with YOUR name, note details of payment and email them to us.

Bank details for direct payments **USD DOLLARS**

Via direct payment at a branch or internet transfer use:

Bank: Nepal Investment Bank Ltd

Swift Code: NIBLNPKT

Account Name: Arun Treks and Expeditions (P) Ltd

Account Number: 2431902

Branch address: Main Branch Durbar Marg, Kathmandu, Nepal

If the bank requests an address for the "beneficiary" :

ARUN TREKS & EXPEDITION PLTD Mahangkal -9, Mandikhatar Kathmandu Nepal.

Please add an extra \$25 USD for intermediary bank fees which are extracted for the transfer process prior to reaching our account. All entry fees into our account are of course borne by DCXP.



PO Box 644 Kensington Pk Sth Australia 5068

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Personal details & trip details

Name as on passport: First name(s): _____ Middle names: _____
 Last name: _____ Sex: Male or Female
 Passport number: _____
 Home address: _____
 Postal address: _____
 Phone number: AH: _____ BH: _____
 Mobile phone: _____ Which is your preferred phone number: Home Work or Mobile
 Email address: _____
 Date of birth: (dd/mm/yyyy) _____ Nationality (as on passport): _____
 Shirt size: XS S M L XL XXL Boot Size: _____ UK or USA (for climbing trips)
 Trip applied for: _____
 Start date: _____ Finish date: _____
 How did you hear about the trip?: _____
 Previous Experience: _____
 Special Dietary Requirements/Food Allergies?: _____

Next of kin (Emergency) contact details

Name: _____ Relationship to you: _____
 Phone number (preferred): _____ Mobile ph: _____
 Email: _____
 Residential Address: _____

Self assessed fitness / readiness for trip

Height (cm): _____ Weight (kg): _____ Resting heart rate: _____
 Evaluate your general health: poor average good excellent
 Evaluate your fitness: poor average good excellent
 Please NOTE that you will on most trips be required to have your Doctor fill out a medical clearance certificate in addition to this information

Self assessed questions	Yes	No	Details
Do you feel you are physically prepared (or will be before commencement) for the trip that you are planning to undertake?			
Do you have any medical illnesses, infirmities, disabilities that require the regular care of a doctor?			
Do you have allergies, to food, bites, stings, drugs?			
Are you allergic to penicillin?			
List all the medications you are taking currently and the dosages			
Have you been hospitalised or had surgery in the last five years?			
Do you have any heart or respiratory problems?			
Are you a diabetic?			
Do you suffer from epilepsy or seizures of any kind?			
Do you have any physical or mental limitations that might preclude you from this trip?			
Are you pregnant?			

Booking conditions, waiver, pricing policy

Name as on passport: First name(s): _____ Last name: _____

Trip Name: _____ Start Date: _____

Total Trip cost: _____ Currency (listed on website): USDS _____

Deposit due: _____ Currency (listed on website): USDS _____

Base Currency price policy

Each trip is generally quoted in USD as listed on the website. The currency converter is indicative of a "mid rate" and the actual FX rates vary widely from bank to bank. We require payment in this currency to be able to stabilise the price. Our agents and offices hold multi-currency bank accounts to facilitate this process, speak to your booking agent who will obtain an invoice for you from Arun Treks and Expeditions (P) Ltd (hereafter referred to as Arun Treks) in the appropriate currency and assist with payment either by EFT, telegraphic transfer, cheque or cash as appropriate. If you pay by prior arrangement with your agent in another currency be advised a FX surcharge may apply.

Travel insurance & Doctors certificate

As a pre-condition for delivery of service you agree to return 60 days ahead of the start date of your trip, a Doctors certificate (that we will supply) stating you are fit for your intended journey and hold valid travel insurance appropriate to the journey intended that covers medical expenses and evacuation, i.e. climbing coverage for expeditions.

Booking Conditions

Risk Awareness / Liability Waiver

I have been advised by DCXP as agent for Arun of the following matters in relation to my upcoming trip with Arun Treks. I have been advised that travel, trekking, climbing and especially mountaineering are inherently dangerous activities. I may be killed, injured, incapacitated and experience pain, illness and suffering. I may experience loss, damage or theft of my property. Any of the above may not be Arun Treks or DCXP's fault or the fault of anyone. These incidents may be caused by others in my party, employees or directors of Arun Treks, their subcontractors or even my guide, may be caused by environmental factors, or even just physical or mental exhaustion which can happen at any time on my trip. There is no way of predicting all the hazards I may face. While Arun Treks will take reasonable precautions to minimise the risks, there is no way Arun Treks can guarantee my safety on this trip 100%.

I acknowledge that often the areas of operation are remote with little or no immediate medical support. In some remote areas self-rescue is the only option. My guide may need to begin first aid appropriate to the remoteness of the area and the nature of my ailment. By signing this document I certify that I have read and understood these risks and they are acceptable to me.

I also agree not to seek compensation, financial or otherwise from any incident that might occur during or associated with the trip, from Arun Treks or DCXP, or their respective directors, officers, employees, agents, partners or subcontractors.

Arun Treks and its agents including employees, guides, leaders, subcontractors and porters shall not be liable for loss, death or injury, to any of its clients or loss or damage or delay to their baggage, personal effects or other property arising from the following:

1. Acts of God including but not limited to Landslides, Ice Cliff Collapse, Avalanche, Earthquakes, Flooding and Fire;
2. Civil disturbances of any nature including but not limited to War, Revolution, Riots, Strikes or Labour Shortages;
3. Environmental Factors such as changes to trails rivers and valleys, loose rocks, unstable snow, unstable ground, bad weather;
4. Any other circumstance beyond our control and responsibility.

Cancellation Policy

Your non-refundable deposit amount is specific to each trip and listed on the DCXP website or trip documentation. If you cancel you lose your deposit.

Payment in full is normally due 60 days ahead of departure date, if you don't pay by this date you can lose your place on the trip and your deposit is forfeit. In rare cases earlier payment will be required.

Normal Policy Is:

If you cancel 60-31 days before departure date you lose 50% of your payments.

If you cancel less than 31 days before departure date you lose 100% of your payments.

If you cancel and we are able to fill your place on the trip we may refund your money at our discretion. This would normally be subject to an administration fee. We may also choose to offer you another trip (transferable) at our discretion. Arun Treks reserves the right to vary or cancel a trip or a specific departure and will endeavour to advise you of cancellations not less than 42 days before departure. In the event of Arun Treks cancelling a trip, we would work with all the members of the trip to try to provide an alternative venue. If you do not accept alternative arrangements we will refund all payments you have made to Arun Treks, less any unrecoverable costs. Arun Treks will not be liable for any additional costs incurred by you such as airticket cancellation fees or changes. We advise you to have a travel insurance policy that covers cancellation.

Itinerary Policy

Arun Treks will make every effort to achieve the objectives of the given trip/expedition. By signing below I understand that variations may be necessary for reasons including but not limited to; safety, interruptions to transportation, political unrest, prevailing weather conditions and the needs of the group.

Trip Price Policy

The trip price may change at any stage. Changes might be due to international currency fluctuations, inflation, fuel prices, conditions, fees or other changes. Once your full payment has cleared into our account, we would normally not vary the price. If the trip price were to vary considerably (>10%) after you had paid your non-refundable deposit and you decided to cancel we would likely allow a full refund or transfer to another trip.

For included/excluded items and any special conditions, see the Info Pack for each specific expedition.

Acceptance

I have read and understood, and accept, the Risk Awareness / Liability Waiver, Cancellation Policy and the Trip Price Policy. I acknowledge and accept that DCXP is an agent of Arun Treks. I understand and accept the risks that have been explained to me, I hereby waive my right to bring any legal claim against Arun Treks even where Arun Treks and its Employees, Agents or Contractors would otherwise be deemed liable due to Gross Negligence, Breach of Contract or otherwise.

Signed: Date: Name:

If under the age of 18 please have a parent or guardian sign for you.



Instructions

These documents are DUE 60 days from the start of the trip please.

PLEASE attend to these details at the first available moment.

Please fill out this as carefully as possible and fax, post or scan/email this into our reservations team.

Latest contact details can be found on the website.

If you can only fill out one section send that in now and update the second part later, thanks :-)

Personal details & trip details	
Name as on passport: First name(s): _____	Middle names: _____
Last name (Surname) : _____	Sex: Male or Female
Trip name: _____	Start date: _____
Passport Number: _____	Nationality: _____
International flight information	
Arrival City: _____ (city name) _	Departure City: _____ (city name) _
Arrival Date: _____ (dd-mm-yyyy) _	Departure Date: _____ (dd-mm-yyyy) _
Arrival Time: _____	Departure Time: _____
Arrival Flight No: _____	Departure Flight No: _____
Hotels: Single Supplement and Travelling Companion	
Do you require a SINGLE SUPPLEMENT for your Hotel: Yes or No: _____ Camping/Lodges: Yes or No: _____	
Note that some trips a single supplement is included, if not a quote for the specific trip will be sent to you for approval and payment, before we book it.	
If you are travelling with someone and would like to be allocated a hotel room together, please specify below. Note some trips are share basis and you will be assigned someone to share with if you do not specify someone below. EXCEPTION - females will not be required to share with a male unless specifically requested! A single room will be provided for you in this situation at no cost.	
Name of travelling companion: _____	Room Setup: Twin Share (two single beds) or Double (one large bed)
Further instructions: _____	
Travel insurance details	
Please Note: The insurance company you have chosen to take cover with has a 24 Hour world-wide emergency assistance service. Should an accident occur after you have departed for your trip, DCXP needs to be able to contact the emergency assistance section of your insurance company. Therefore we need to know who they are and a contact phone number for them. Please note this is a different number to general enquiries and claims.	
The following are two examples of Insurance companies and their emergency assistance contact details.	
Company: Covermore 24 hour emergency provider: Customer Care Pty Ltd 24 hour emergency Ph: +61 2 8907 5619	Company: IHI (good for mountaineering cover) www.ihl.com 24 hour emergency provider: IHI 24 hour emergency Ph: +45 33 15 33 00
Primary Policy	Second Policy (if required)
Company: _____	Company: _____
Policy Number: _____	Policy Number: _____
24 HR Emergency Provider: _____	24 HR Emergency Provider: _____
24 HR Emergency Ph: _____	24 HR Emergency Ph: _____
It is in your best interest to purchase travel insurance as soon as you book your trip to cover cancellation costs, for example if you become ill before the trip and can not attend some travel insurance policies will re-imburse all your lost funds.	